

Chapter-8(Let Us Enjoy!)

1.Read the given passage carefully and answer the questions.

Leisure time is more important not only for children but also for grown ups. Many grown up people go to play basket ball, volleyball, cricket, chess, cards and attend music programmes with their friends and family. Some women knit or embroider together. They also love exchange recipes. Some people read books or enjoy watching movies. Yoga, exercises, cycling and going to the gymnasium are popular with health conscious people.

- For whom leisure time is important?
- What type of work women do together?
- Name some activities done by health conscious people.
- List some activities for grownups that they do with their friends and family.

2.What are indoor games?

3. What are outdoor games?

4.Name some leisure time activites that become full time occupation.

5. Who is Mr. Suraj Manchanda?

6. Mention three values that players developed when they play as a team?

7.List three things that you learn by reading books.Why lunch break is the favourite time for children?

8. Who became an engineer?

9. Interview five friends and fill up the information.

| S.No. | Friend'sName | Favourite Game | Players of the game | Benefits of the game |
|-------|--------------|----------------|---------------------|----------------------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |

10. Draw a football. How many players are in a football team. Name any one Indian football player.